VERSION FINAL MARCH 2021



2021 NHI JR DIVISION TOURNAMENT

RULES AND REGULATIONS

ADOPTED BY NHIBT BOARD OF DIRECTORS

2021 NHI JR DIVISION TOURNAMENT

The NHIBT is about to celebrate ninety-first (91st) year in 2021. It has inspired so many throughout its rich history and tradition of servicing the Hellenic community. The NHIBT board of directors, supporters, and advocates vision strategize to make the NHIBT the tournament of choice for the Hellenic community to compete in and support. The best tournaments are about much more than basketball, and this intentional emphasis leads to better basketball. Clear vision and mission statements help keep everyone focused and aware of the goals and provide more understanding "of the why" in what the tournament does.

In 2015 the NHI begun to introduce the tournament to the Hellenic youth group with a new 5^{th} / 6^{th} coed division. Based on feedback from the community and continuing support of the Hellenic community the youth divisions group grew to include $1^{st}/2^{nd}$ and $3^{rd}/4^{th}$ co-ed divisions in 2017.

There are now a younger generation introduced to the NHIBT's distinguished past and part of its vibrant future. The NHIBT board, supports, and advocates with all the young participants, parents, and volunteers a successful tournament.

GOALS AND OBJECTIVE OF THE NHI JR DIVISION

In its over 90 years of existence, the tournament has made adjustments over time but has always had Mission statements with Vision to guide it. People should know and understand the purpose of the NHIBT and why we make the decisions we do.

NHIBT purpose is to:

- Provide Hellenic individuals to meet other Hellenic individuals
- Provide Hellenic individuals to cultivate and nurture relationships
- Provide Hellenic individuals to participate in a national basketball tournament
- Promote Hellenic Ideals (based on Edith Hamilton's The Greek Way):
 - o importance and worth of the individual
 - o concept of freedom
 - o value of seeking the truth and being guided by it
 - o principle of democracy allowing all citizens to govern themselves
 - o awareness of perfect beauty leading us to higher aspirations
 - strive to maintain the Greek language and culture
- Building servant leaders for life in the community, through trust, love, and commitment.

How does NHIBT do what it does:

- Provides Hellenic individuals of all ages and genders to participate in the tournament and events.
- Reaches out to national and local organizations, groups, and individuals with similar goals to promote the tournament, events, volunteers, and players
- Reaches out and increase awareness to donors, advocates, and sponsors to promote Organizations not-for-profit activities

Why NHIBT does what it does:

- Provides Hellenic individuals to give back to the community
- Connects Hellenic generations through the tournament and events
- Leaves a lasting legacy, with a sense of family, history, belonging, and purpose, generation after generation
- Shares the NHIBT history with the world and the impact it had on the Hellenic, communities locally and national.

NHIBT's vision of a future is:

- Provide a lasting, sustainable national Hellenic basketball tournament for all ages and gender
- Provide support for national Hellenic teams and individuals to attend not only the NHIBT tournament and events but others as well
- Financial independence to support Hellenic events, organization, and educational groups both locally and globally
- Give back and help Hellenic community with proceeds from the tournaments being distributed to organizations promoting Hellenic Ideals
- To be the program by which all others are measured

NHIBT Mission Statement

Promote, Support, and Preserve our Hellenism through competition and fellowship.

NHIBT Vision

Collaborate with the Hellenic community to make NHIBT the tournament of choice.

NHI JR DIVISION BASKETBALL TOURNAMENT

The NHIBT with great pleasure invites ALL HELLENIC YOUTH to the annual basketball tournament.

DIVISIONS OF PLAY

1ST - 2ND GRADES (COED)

3RD - 4TH GRADES (COED)

5TH – 6TH GRADES (COED)

7TH - 8TH GRADE BOYS

5TH - 8TH GRADE GIRLS

NHI JR DIVISION BASKETBALL TOURNAMENT LOCATIONS

The NHIBT wishes to express a heartfelt gratitude to the Greek Orthodox Metropolis of Chicago for its partnership and support. Several Parishes of the Greek Orthodox Metropolis of Chicago will assist and host the NHI Junior Tournament this year. They are:

Sts Constantine & Helen Church 11025 S Roberts Rd, Palos Hills, IL

St Nicholas Greek Orthodox Church 10301 S Kolmar Ave, Oak Lawn, IL

Holy Cross Church 7560 Archer Rd, Justice, IL

The NHIBT board of directors great appreciates the hosting parishes for their kindness and hospitality.

NHI JR DIVISION ELIGIBILITY

Players participating in the tournament must comply with edibility requirements set forth by the NHIBT Eligibility Committee.

- 1. Player must be listed on the submitted Team Roster.
- 2. Player's legal guardian must sign the NHIBT basketball tournament waiver release form.
- 3. Player has at least one Greek Grandparent in their heritage.
- 4. Player is also eligible if he/she has been adopted by Greek parent(s).
- 5. NHIBT Board will review Non-Hellenic Player that is baptized as a Greek Orthodox Christian for eligibility on a case by case basis.
- 6. Players need to be of participating in their proper Age category. Playing down in age groups is not allowed.

NOTE: The Head Coach is responsible for securing the proper documentation of Hellenic heritage or other edibility documentation. If the Head Coach is unable or refuses to tender such Documentation to the NHIBT, upon request, the NHIBT in its sole discretion may render a player, Head Coach, or Team ineligible. Additionally, the NHIBT may again in its sole discretion cause such Team to forfeit any or all of its games already completed.

NHI JR DIVISION RULES AND REGULATIONS

ALL DIVISIONS

ALL coaches, assistant coaches, and teams are required to follow the eligibility requirements. Additional requirements are as follows:

- a. Each team is limited to one coach and one manager. All others on the bench must be in uniform.
- b. Coaches are expected to address any problems or concerns with parents/fans from their group. Unsportsmanlike behavior, swearing, etc. are NEVER acceptable and must be immediately addressed.
- c. Players are only allowed to play for one team in each division. Players can play on multiple teams if in different divisions of play.
- d. In co-ed divisions it is recommended that at least one girl be playing in the game at all times. All efforts must be made to have girls on the team and participate.
- e. Sportsmanship lines must be held at the conclusion of each game coaches, players and parents should encourage team fraternization and fellowship. Coaches will be held fully responsible for ensuring this occurs.
- f. Any coach or player (or parent causing a disturbance) who receives a technical foul will automatically be placed on probation pending review of the incident by the NHIBT. If any action is to be taken, it will be done so prior to the next contest.
- g. The NHIBT reserves the right to rule on all controversies.
- h. Game time is forfeit time. Teams must have four (4) players dressed in uniform on the floor and ready to play when the official blows the whistle -- unless NHIBT deems otherwise.
- i. All rules governed by the Illinois High School Athletic Association (IHSAA) except where noted in each division will apply.

1ST – 2ND GRADE DIVISION

Boys and Girls should be in 1st or 2nd and younger grades can participate.

- I. Games will consist of TWO 16 minutes halves with a running clock.
- II. Five (5) fouls and the player is out of the game.
- III. Two (2) Full time outs per half non-accumulative.
- IV. DEFENSE can be played at half court. NO STEAL OFF THE DRIBBLE IS ALLOWED.
- V. THERE IS NO FULL COURT PRESS until the last two minutes of the 2nd HALF. Pressing is not allowed if the team is ahead by more than 10 points.
- VI. A five-second rule in the lane applies (officials are encouraged to tell players to leave this area rather than call this violation on the first offense).
- VII. Clock stops the last minute of each half, as well as time outs. Clock still runs on free throws.
- VIII. Overtime will be Two Minutes (clock to stop at free throws and time outs), with the clocking stopping at every whistle during the LAST MINUTE.
 - IX. Youth sized 275-size ball should be used or no bigger than a 285-size ball. Division uses an 8' high rim for games.
 - X. Free throws are shot from a line one foot in front of the regular free throw line. Foul line is flexible and can be moved even closer for younger players per Game Officials discretion.
 - XI. All players dressed must play in each half. Coaches are encouraged to match up players when substituting.
- XII. Any technical foul called against a player results in automatic disqualification from the game and possible further disciplinary action.

3RD – 4TH GRADE DIVISION

Boys and Girls should be in 3rd or 4th and younger grades can participate.

- I. Games will consist of TWO 16 minutes halves with a running clock.
- II. Five (5) fouls and the player is out of the game.
- III. Three (3) Full and two (2) 30 second time outs per game.
- IV. DEFENSE can be played at half court.
- V. If a team is winning by more than 10 points, the defense must be pulled back to the three-point line or within.
- VI. THERE IS NO FULL COURT PRESS until the last two minutes of the 2nd HALF. Pressing is not allowed if the team is ahead by more than 10 points.
- VII. A five-second rule in the lane applies (officials are encouraged to tell players to leave this area rather than call this violation on the first offense).
- VIII. Clock stops the last minute of each half, as well as time outs. Clock still runs on free throws.
- IX. Overtime will be Two Minutes (clock to stop at free throws and time outs), with the clocking stopping at every whistle during the LAST MINUTE.
- X. Youth sized 285-size ball should be used. Division uses 10' high rim for games.
- XI. Free throws are shot from a line one foot in front of the regular free throw line.
- XII. All players dressed must play in each half. Coaches are encouraged to match up players when substituting.

5TH – 6TH GRADE DIVISION

Boys and Girls should be in 5th – 6th and younger grades can participate.

- I. Games will consist of TWO 16 minutes halves with a running clock.
- II. Five (5) fouls and the player is out of the game.
- III. Three (3) Full and two (2) 30 second time outs per game.
- IV. DEFENSE can be played at half court.
- V. THERE IS NO FULL COURT PRESS until the last two minutes of each HALF. Pressing is not allowed if the team is ahead by more than 20 points.
- VI. Clock stops the last minute of each half, as well as time outs. Clock still runs on free throws.
- VII. Overtime will be Two Minutes (clock to stop at free throws and time outs), with the clocking stopping at every whistle during the LAST MINUTE.
- VIII. Youth sized 285-size ball is to be used. Division uses 10' high rim for games.

5TH – 8TH GRADE GIRLS DIVISION

Girls should be in 5th – 8th grades. Younger grade girls can participate.

- I. Games will consist of TWO 16 minutes halves with a running clock.
- II. Five (5) fouls and the player is out of the game.
- III. Three (3) Full and two (2) 30 second time outs per game.
- IV. DEFENSE can be played at half court.
- V. THERE IS NO FULL COURT PRESS until the last two minutes of each HALF. Pressing is not allowed if the team is ahead by more than 20 points.
- VI. If a team is winning by more than 10 points, the defense must be pulled back to the three-point line or within.
- VII. Clock stops the last minute of each half, as well as time outs. Clock still runs on free throws.

- VIII. Overtime will be Two Minutes (clock to stop at free throws and time outs), with the clocking stopping at every whistle during the LAST MINUTE.
- IX. Youth sized 285-size ball is to be used. Division uses 10' high rim for games.

7TH – 8TH GRADE BOYS DIVISION

Boys should be in 7th – 8th and younger grades can participate.

- I. Games will consist of TWO 16 minutes halves with a running clock.
- II. Five (5) fouls and the player is out of the game.
- III. Three (3) Full and two (2) 30 second time outs per game.
- IV. DEFENSE can be played at half court.
- V. THERE IS NO FULL COURT PRESS until the last two minutes of each HALF. Pressing is not allowed if the team is ahead by more than 20 points.
- VI. Clock stops the last minute of each half, as well as time outs. Clock still runs on free throws.
- VII. Overtime will be Two Minutes (clock to stop at free throws and time outs), with the clocking stopping at every whistle during the LAST MINUTE.
- VIII. Youth sized 295-size ball is to be used. Division uses 10' high rim for games.

CONTINUED SUPPORT AND GRADTITUDE

Words cannot fully express our gratitude to the support we have received over the years. We at NHIBT are continually inspired by the dedication and generosity of supports, volunteers, participants, and donors who answer the call to give again and again. With faithful contributions over the years, the community has demonstrated their deep commitment to our efforts. Support from organizations and people like yourselves provide the financial and moral support needed to continue our mission with the youth groups participating in this tournament.

Visit us at nhibt.com for more information on the tournament and upcoming events.

WE WISH EVERYONE SUCCESS AT THE TOURNAMENT

END OF JR NHIBT RULES DOCUMENT